

## FOOD AID DIRECTORY

When approaching any new service please visit the relevant website or contact the agency first to ensure they are best placed to help. Any details such as day/time/location subject to change.

There are several models of food provision across the county, all serving a different purpose, but creating a supportive process of moving from crisis to independence for those in crisis or living on a low-income longer-term.

### **Food Banks**

- provide emergency food parcel in a crisis. This is a free service, but often limited to 3-5 parcels a year. Referrals are needed in most cases, but some will accept a 'self-referral'. The aim is to assist short-term whilst finances are sorted. Parcels include store cupboard ingredients such as pasta, cereal, tinned vegetables, UHT milk etc. Fresh food also offered when available. Most food banks also offer toiletries, cleaning products, baby products.

### **Food Aid**

- provide ad-hoc or ongoing support to families on low income, through self-referral or a professional referral such as schools. More informal support as needs arise. No general limit to parcels or cost attached, assessed case-by-case.

### **Food Club**

- a service which people can sign up for to access low-cost food on a longer-term basis. Items or bags are purchased and therefore not limited per year. Some have a regular membership scheme, others open to all. Self-referral based on entitlement, or referred through local community provision such as schools.

### **Food Larder**

- Low cost food provision, with option to choose items at reduced cost. Includes some near-end-shelf-life items and food-waste reduction schemes. Open to all, regardless of income. Sometimes called a Food Pantry, or Community Fridge.

### **Meal Provision Service**

- Pre-prepared meals provided to people in need, within a geographical area or community. Either free-of-charge for a short period, or at a subsidised cost. Self-referral based on entitlement, or referred through local community provision such as schools.

## - FOOD BANKS

| NORTHAMPTON FOOD BANK @RESTORE NORTHAMPTON (TOWN CENTRE) |  |
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| <b>Referral Process</b>                                  | Registered professionals refer through secure online RESTORE Referral System. For those in financial crisis. Up to 5 parcels a year @ Northampton Food Bank  |
| <b>Day &amp; Time</b>                                    | <b>Tuesday 11.30am-1.30pm</b>  |
| <b>Location</b>  | Re:store Northampton, 42 Sheep Street, NN1 2LZ   |
| <b>Website/Contact:</b>                                  | <a href="http://www.restorenorthampton.org.uk">www.restorenorthampton.org.uk</a><br>Tel. 01604 328046 / <a href="mailto:foodbank@restorenorthampton.org.uk">foodbank@restorenorthampton.org.uk</a> |

| NORTHAMPTON FOOD BANK @ SPINNEY HILL |   |
|--------------------------------------|---|
| <b>Referral Process</b>              | Registered professionals refer through secure online RESTORE Referral System. For those in financial crisis. Up to 5 parcels a year @ Northampton Food Bank |
| <b>Day &amp; Time</b>                | <b>Monday 12pm-2pm</b>  |
| <b>Location</b>                      | Seventh Day Adventist, 74 Highlands Ave, Spinney Hill, NN3 6BQ  |
| <b>Website/Contact:</b>              | <a href="http://www.restorenorthampton.org.uk">www.restorenorthampton.org.uk</a>  |

| NORTHAMPTON FOOD BANK @ BRIAR HILL |   |
|------------------------------------|---|
| <b>Referral Process</b>            | Registered professionals refer through secure online RESTORE Referral System. For those in financial crisis. Up to 5 parcels a year @ Northampton Food Bank |
| <b>Day &amp; Time</b>              | <b>Wednesday 12pm-2pm</b>   |
| <b>Location</b>                    | The Springs, Briar Hill, Northampton, NN4 8SX   |
| <b>Website/Contact:</b>            | <a href="http://www.restorenorthampton.org.uk">www.restorenorthampton.org.uk</a>  |

| NORTHAMPTON FOOD BANK @ FAR COTTON |   |
|------------------------------------|---|
| <b>Referral Process</b>            | Registered professionals refer through secure online RESTORE Referral System. For those in financial crisis. Up to 5 parcels a year @ Northampton Food Bank |
| <b>Day &amp; Time</b>              | <b>Thursday 3-5pm</b>   |
| <b>Location</b>                    | Food Aid Far Cotton, St Mary's Church, Towcester Road, NN4 8EZ  |
| <b>Website/Contact:</b>            | <a href="http://www.restorenorthampton.org.uk">www.restorenorthampton.org.uk</a>  |

| NORTHAMPTON FOOD BANK @ EASTFIELD |   |
|-----------------------------------|---|
| <b>Referral Process</b>           | Registered professionals refer through secure online RESTORE Referral System. For those in financial crisis. Up to 5 parcels a year @ Northampton Food Bank |
| <b>Day &amp; Time</b>             | <b>Friday 9am-12pm</b>  |
| <b>Location</b>                   | St Albans the Martyr Church, Broadmead Avenue, Eastfield, NN3 3RA   |
| <b>Website/Contact:</b>           | <a href="http://www.restorenorthampton.org.uk">www.restorenorthampton.org.uk</a>  |

| <b>NORTHAMPTON FOOD BANK @ DUSTON</b> |   |
|---------------------------------------|---|
| <b>Referral Process</b>               | Registered professionals refer through secure online RESTORE Referral System. For those in financial crisis. Up to 5 parcels a year @ Northampton Food Bank |
| <b>Day &amp; Time</b>                 | <b>Saturday 10am-12pm</b>   |
| <b>Location</b>                       | Duston URC, Main Road, Duston, NN5 6JF  |
| <b>Website/Contact:</b>               | <a href="http://www.restorenorthampton.org.uk">www.restorenorthampton.org.uk</a>  |

| <b>WESTON FAVELL FOOD BANK</b> |   |
|--------------------------------|---|
| <b>Referral Process</b>        | Registered Professional referred through TRUSSELL TRUST system. For those in financial crisis. Up to 3 parcels a year   |
| <b>Day &amp; Time</b>          | <b>Monday, 1-3pm / Wednesday ,10am - 1pm / Friday, 10am-12pm</b>  |
| <b>Location</b>                | Weston Favell Centre Foodbank, Weston Favell Centre, Northampton, NN3 8JZ   |
| <b>Website/Contact:</b>        | <a href="http://www.westonfavellcentre.foodbank.org.uk">www.westonfavellcentre.foodbank.org.uk</a><br>Tel. 01604 402150 |

| <b>SHINE DEVELOPMENT CIC - TOWN CENTRE</b> |  |
|--|--|
| <b>Referral Process</b>                    | Self-Referral - see contact below. For those in financial crisis.  |
| <b>Day &amp; Time</b>                      | <b>Mondays and Thursdays 12 - 3pm</b>  |
| <b>Location</b>                            | Shine Development Concept CIC, 38 - 40 Kettering Road, NN1 4AH   |
| <b>Website/Contact:</b>                    | <a href="https://shinedevelopmentconceptcic.com/food-parcel-booking/">https://shinedevelopmentconceptcic.com/food-parcel-booking/</a><br>Email Referral: <a href="mailto:referrals@shinecic.org.uk">referrals@shinecic.org.uk</a> or call 07737593291. |

| <b>IMPACT NOW</b>       |   |
|-------------------------|---|
| <b>Referral Process</b> | Self referral or by professionals. For those in financial crisis. Additional support available.   |
| <b>Day &amp; Time</b>   | Delivery any day, by arrangement  |
| <b>Location</b>         | 1 Horsley Road, Northampton, NN2 6LJ - delivery to NN1, NN2, NN3, NN4, NN5  |
| <b>Website/Contact:</b> | Email Referral: <a href="mailto:admin@impact-now.org.uk">admin@impact-now.org.uk</a><br>Contact person:- Nike Pedro -07538449126 / <a href="http://www.impact-now.org.uk">www.impact-now.org.uk</a> |

| <b>HOLY GHOST ZONE - TOWN CENTRE</b> |  |
|--------------------------------------|--|
| <b>Referral Process</b>              | Self Referral - see contact below. For those in financial crisis.                                    |
| <b>Day &amp; Time</b>                | <b>Friday, 2-3pm</b>   |
| <b>Location</b>                      | HOLY GHOST ZONE, 19 Abington Square, Northampton NN1 4AE   |
| <b>Website/Contact:</b>              | Joke Alake <a href="mailto:info@hgznorthampton.org.uk">info@hgznorthampton.org.uk</a> / 01604 636266 |

| <b>HAPPY TO HELP (CIC) on behalf of Northamptonshire Partnership Homes</b> |  |
|--|--|
| <b>Referral Process</b>  | Northamptonshire Partnership Homes tenant experiencing financial difficulty, by referral from NPH team. Max 6 requests per year. |
| <b>When &amp; How</b>  | Delivered <b>Mon-Fri, 9am-4pm</b> , by arrangement   |
| <b>Cost</b>  | Free, based on eligibility   |
| <b>Website/Contact:</b>  | Contact 03003307003 or email: <a href="mailto:happytohelp@nph.org.uk">happytohelp@nph.org.uk</a>                                 |

| <b>TOWCESTER FOOD BANK</b> |   |
|----------------------------|---|
| <b>Referral Process</b>    | Self referral or registered professionals   |
| <b>Day &amp; Time</b>      | <b>Tuesday, 12-2pm / Friday, 10.30am-12.30pm, or by arrangement in emergency</b>                                    |
| <b>Location</b>            | St. John Ambulance Hall, Islington Road, Towcester NN12 6AU   |
| <b>Website/Contact:</b>    | 07724 832043 (leave name & number) <a href="http://www.towcester.foodbank.org.uk">www.towcester.foodbank.org.uk</a> |

| <b>DAVENTRY FOOD BANK</b> |  |
|---------------------------|--|
| <b>Referral Process</b>   | Registered Professional referred through Daventry Food Bank system   |
| <b>Day &amp; Time</b>     | <b>Monday 10.30am-12.30pm / Wed 10.30am-12.30pm / Friday 10.30am-12.30pm</b>   |
| <b>Location</b>           | 18A Benbow Close, Daventry, NN11 4JP   |
| <b>Website/Contact:</b>   | Contact number: 01327 577851<br>Website: <a href="https://www.daventryfoodbank.org.uk/">https://www.daventryfoodbank.org.uk/</a> |

| <b>BRACKLEY FOOD BANK</b> |  |
|---------------------------|--|
| <b>Referral Process</b>   | Professional assessment required, e-copy of completed voucher sent to <a href="mailto:enquiries@brackleyfoodbank.org">enquiries@brackleyfoodbank.org</a> . |
| <b>Details</b>            | Delivery for all, by arrangement   |
| <b>Website/Contact:</b>   | <a href="http://www.brackleyfoodbank.org">www.brackleyfoodbank.org</a> 01869 810687  |

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## - FOOD AID

| FOOD AID FAR COTTON     |  |
|-------------------------|--|
| <b>Who Can Access</b>   | Focused on Far Cotton, Briar Hill & Surrounding area, on low-income or short-term financial needs - referral from schools/other agencies |
| <b>Day &amp; Time</b>   | Delivery or collection by arrangement  |
| <b>Location</b>         | Food Aid Far Cotton, St Mary's Church, Towcester Road, NN4 8EZ   |
| <b>Website/Contact:</b> | 07943 054874 <a href="mailto:admin@foodaidfarcotton.co.uk">admin@foodaidfarcotton.co.uk</a>  |

| MCCARTHY DIXON FOUNDATION |  |
|---------------------------|--|
| <b>Who Can Access</b>     | Referral through registered agencies including schools, mental health team and NCC - based on low income or vulnerable families  |
| <b>Day &amp; Time</b>     | Delivery by arrangement  |
| <b>Location</b>           | Swan & Helmet Pub, 65 Grove Road, NN1 3LJ  |
| <b>Website/Contact:</b>   | <a href="https://mccarthydixon.org.uk">https://mccarthydixon.org.uk</a><br>Tel. 01604 532121, email <a href="mailto:teresa@mccarthydixon.org.uk">teresa@mccarthydixon.org.uk</a> |

| 4U COMMUNITY CAFE @ KINGSTHORPE |   |
|---------------------------------|---|
| <b>Who Can Access</b>           | Focused on St David's and Kingsthorpe, on low-income or short-term financial needs. |
| <b>Day &amp; Time</b>           | <b>Tuesday, 9am-11am / Thursday 9am-11am / Saturday 9am-11am.</b>                   |
| <b>Location</b>                 | St David's Church hall, Eastern Avenue South, NN2 7QB. Delivery by arrangement      |
| <b>Website/Contact:</b>         | Cheryll Lowe, 07916 264317  |

| CASTLE HILL URC         |  |
|-------------------------|--|
| <b>Who Can Access</b>   | Referral through Spring Lane School or Self Referral. For those in financial crisis.                   |
| <b>Day &amp; Time</b>   | Collection or Delivery, <b>Monday &amp; Fridays 10am-12pm</b>  |
| <b>Location</b>         | Castle Hill URC, Doddridge Street  |
| <b>Website/Contact:</b> | Contact Rev Liz Adams / <a href="mailto:Liz26021979@gmail.com">Liz26021979@gmail.com</a> / 07976241858 |

| SPRINGS FAMILY CENTRE   |  |
|-------------------------|--|
| <b>Who Can Access</b>   | Based on Spring Boroughs but also wider town if accessing services/working with Springs Family Centre. Self referral or registered professional referral.' |
| <b>Day &amp; Time</b>   | By Appointment only. <b>Monday / Wednesday / Saturday</b>  |
| <b>Location</b>         | Springs Family Centre, 9 Tower Street, Spring Boroughs, NN1 2SN  |
| <b>Cost</b>             | Free, based on eligibility.  |
| <b>Website/Contact:</b> | <a href="mailto:springsfc@yahoo.co.uk">springsfc@yahoo.co.uk</a> or 07703 185740. <a href="http://www.springsfamily.org.uk">www.springsfamily.org.uk</a>   |

| <b>BUGBROOKE COMMUNITY CAFE CIC</b> |  |
|-------------------------------------|--|
| <b>Who Can Access</b>               | Focused on Bugbrooke, on low-income or short-term financial needs. |
| <b>Opening Times</b>                | Collect from <b>Wednesday 2.30-4pm / Friday 2.30-4pm</b>           |
| <b>Location</b>                     | Sunday School Rooms, Church Lane, Bugbrooke, NN7 3PB               |
| <b>Website/Contact:</b>             | David Clayson, 07802 333908  |

| <b>UNITED AFRICAN ASSOCIATION</b> |  |
|-----------------------------------|--|
| <b>Who Can Access</b>             | Self referral and referral by professionals. Provision to African and Caribbean communities, specialising in African food. |
| <b>Day &amp; Time</b>             | <b>Saturdays 11am to 1pm</b>   |
| <b>Location</b>                   | Leicester Street Community Room, Leicester Street, Northampton, NN1 3RS  |
| <b>Website/Contact:</b>           | <a href="http://www.uaassociation.org/">http://www.uaassociation.org/</a><br>Contact: 07932519532                          |

| <b>AFRIBANK (ZIMWOMEN)</b> |   |
|----------------------------|---|
| <b>Who Can Access</b>      | Self referral and referral by professionals. Focused on Zimbabwean communities  |
| <b>Day &amp; Time</b>      | <b>Friday 4- 6pm</b>  |
| <b>Location</b>            | Flowey Beauty Palour 120 Wellingborough Rd, NN1 4DR . Delivery by arrangement   |
| <b>Website/Contact:</b>    | <a href="http://www.zimwomenassociation.org">http://www.zimwomenassociation.org</a><br>Contact 07951 588733 or 01604 945050 |

| <b>SCCYC FOOD BANK</b>  |  |
|-------------------------|--|
| <b>Who can Access</b>   | Open to All. Phone to discuss support - including fresh, Non-perishable storecupboard foods and hot meals, help with shopping, collecting prescriptions. |
| <b>Day &amp; Time</b>   | By Arrangement   |
| <b>Location</b>         | Waterside Connect, 35-37 St James Mill Road, St James, Northampton. NN5 5JW  |
| <b>Website/Contact:</b> | <a href="mailto:erika@watersideconnect.com">erika@watersideconnect.com</a> / 07999 030246  |

| <b>RBN (Ramgarhia Board Northampton) &amp; MLSS (Midland Langar Seva Society)</b> |  |
|---|--|
| <b>Who Can Access</b>   | Open to all, on low-income or short-term financial needs. No referral needed |
| <b>Opening Times</b>  | 1 Saturday a month 11am-1pm. Arrange food parcels any time by arrangement    |
| <b>Location</b>   | RBN Gurdwara and community centre, Cromwell Street, Northampton NN1 2TE      |
| <b>Website/Contact:</b>   | Contact Raj 07932 661301 or Inderjit 07710 845623                            |

## - FOOD CLUBS & LARDERS

| HOPE FOOD CLUB @ KINGS HEATH |  |
|------------------------------|--|
| <b>Who Can Access</b>        | Registration required. Northampton based. Evidence required of low-income (benefits or no-recourse to public funds). |
| <b>Opening Times</b>         | Collect pre-packaged parcel. <b>Wed 10am-11am</b>  |
| <b>Location</b>              | Church on the Heath, Welland Way, Kings Heath, NN5 7NB   |
| <b>Cost</b>                  | £10 per month. Subsidised at discretion of Food Club   |
| <b>Website/Contact:</b>      | 01604 214300 <a href="http://www.northamptonhopecentre.org.uk">www.northamptonhopecentre.org.uk</a>                  |

| HOPE FOOD CLUB @ SPRING BOROUGHS |  |
|----------------------------------|--|
| <b>Who Can Access</b>            | Registration required. Northampton based. Evidence required of low-income (benefits or no-recourse to public funds). |
| <b>Opening Times</b>             | Collect pre-packaged parcel. <b>Wednesday 12pm-1pm</b>   |
| <b>Location</b>                  | Salvation Army, Tower Street, Spring Boroughs, NN1 2SN   |
| <b>Cost</b>                      | £10 per month. Subsidised at discretion of Food Club   |
| <b>Website/Contact:</b>          | 01604 214300 <a href="http://www.northamptonhopecentre.org.uk">www.northamptonhopecentre.org.uk</a>                  |

| HOPE FOOD CLUB @ BLACKTHORN |  |
|-----------------------------|--|
| <b>Who Can Access</b>       | Registration required. Northampton based. Evidence required of low-income (benefits or no-recourse to public funds). |
| <b>Opening Times</b>        | Collect pre-packaged parcel. <b>Friday 10am-11am</b>   |
| <b>Location</b>             | Blackthorn Community Centre, Longmead Court, NN3 8QD   |
| <b>Cost</b>                 | £10 per month. Subsidised at discretion of Food Club   |
| <b>Website/Contact:</b>     | 01604 214300 <a href="http://www.northamptonhopecentre.org.uk">www.northamptonhopecentre.org.uk</a>                  |

| HOPE FOOD CLUB @ LINGS  |  |
|-------------------------|--|
| <b>Who Can Access</b>   | Registration required. Northampton based. Evidence required of low-income (benefits or no-recourse to public funds). |
| <b>Opening Times</b>    | <b>Friday 12-1pm</b>   |
| <b>Location</b>         | Salvation Army, Penistone Road, Lings, NN3 8EZ   |
| <b>Cost</b>             | £10 per month. Subsidised at discretion of Food Club   |
| <b>Website/Contact:</b> | 01604 214300 <a href="http://www.northamptonhopecentre.org.uk">www.northamptonhopecentre.org.uk</a>                  |

| <b>MCCARTHY DIXON FOUNDATION (Swan &amp; Helmet)</b> |  |
|--|--|
| <b>Opening Times</b>                                 | <b>Monday - Friday 4pm-7pm<br/>Saturday &amp; Sunday 12pm-2pm</b>  |
| <b>Location</b>                                      | Swan & Helmet Pub, 65 Grove Road, NN1 3LJ  |
| <b>Cost</b>  | 8 items £5 and 16 items for £10 (choose own items)   |
| <b>Website/Contact:</b>                              | Tel. 01604 532121, email <a href="mailto:teresa@mcCarthydixon.org.uk">teresa@mcCarthydixon.org.uk</a> / <a href="http://mccarthydixon.org.uk">mccarthydixon.org.uk</a> |

| <b>ROADE COMMUNITY LARDER (SOFEA)</b> |   |
|---------------------------------------|---|
| <b>Who Can Access</b>                 | Open to anyone, reducing food waste - not means tested                                |
| <b>When &amp; How</b>                 | Collect from Roade Village Hall, Bailey Brooks Road, Roade or delivery by arrangement |
| <b>Cost</b>                           | £10 joining fee, £3.50 per week   |
| <b>Website/Contact:</b>               | <a href="mailto:Miranda@sofea.uk.com">Miranda@sofea.uk.com</a> 07974919221            |

| <b>BRACKLEY COMMUNITY LARDER (SOFEA)</b> |  |
|--|--|
| <b>Who Can Access</b>                    | Open to anyone, reducing food waste - not means tested                     |
| <b>When &amp; How</b>                    | Collect from Egerton Hall, Juno Cres, Brackley or delivery by arrangement  |
| <b>Cost</b>                              | £10 joining fee, £3.50 per week  |
| <b>Website/Contact:</b>                  | <a href="mailto:Miranda@sofea.uk.com">Miranda@sofea.uk.com</a> 07974919221 |

| <b>TOWCESTER COMMUNITY LARDER (SOFEA)</b> |   |
|---|---|
| <b>Who Can Access</b>                     | Open to anyone, reducing food waste - not means tested  |
| <b>When &amp; How</b>                     | Collect from Towcester Town Football Supporters Club 19 Islington Road Towcester or delivery by arrangement |
| <b>Cost</b>                               | £10 joining fee, £3.50 per week   |
| <b>Website/Contact:</b>                   | <a href="mailto:katieswain1@googlemail.com">katieswain1@googlemail.com</a> / 07949 442257                   |



## - MEAL PROVISION

| Weston Favell Food Bank FOOD4HEROES Meals |  |
|---|--|
| Who Can Access                            | Customers of Weston Favell Food Bank (need referring via usual Trussell Trust Food Bank route)   |
| Cost                                      | No Charge  |
| When/Where                                | <b>Monday, 1-3pm / Wednesday ,10am - 1pm / and if available Fri 10am-12pm</b> all at Weston Favell Food Bank, Emmanuel, Weston Favell Centre |
| Website/Contact:                          | <a href="http://www.westonfavellcentre.foodbank.org.uk">www.westonfavellcentre.foodbank.org.uk</a><br>Tel. 01604 402150                      |

| HOPE CENTRE      |  |
|------------------|--|
| Who Can Access   | Homeless: Rough sleepers, sofa surfers, those in squats  |
| Cost             | No Charge  |
| When/Where       | <b>Monday-Saturday, 11.30am -1.30pm</b> at Northampton Hope Centre, Oasis House, 35-37 Campbell street, Northampton NN13DS   |
| Website/Contact: | <a href="http://www.northamptonhopecentre.org.uk">www.northamptonhopecentre.org.uk</a><br><a href="mailto:office@northamptonhopecentre.org.uk">office@northamptonhopecentre.org.uk</a> / Tel. 01604 214300 |

## - ADDITIONAL SUPPORT SERVICES

| ABILITY - Community Bus Service – Affordable and Free* Bus services |  |
|---|--|
| What  | Providing transport to the county towns to access shopping or food provision.<br>* Concessionary bus passes accepted after 09:30<br>Transportation of bulk deliveries to organisations |
| Who Can Access  | Open to All - register before use  |
| Where/How   | South Northants and west of Northampton Town   |
| Website/Contact:  | Email <a href="mailto:info@abilitycic.org.uk">info@abilitycic.org.uk</a> / Phone 01327 604123/ <a href="http://www.abilitycic.org.uk">www.abilitycic.org.uk</a>                        |

| COOKING GOOD - Essential Store Cupboard Ingredients |  |
|---|--|
| What  | Delivering cooking clubs and training (online and face to face in some cases) and providing store cupboard essentials, recipe cards and online resources |
| Who Can Access                                      | Working with agencies on this list who have their own referral or eligibility criteria.  |
| Where/How   | Check info on website/Facebook page: <a href="http://www.facebook.com/cookinggooduk">www.facebook.com/cookinggooduk</a>                                  |
| Website/Contact:                                    | Email: <a href="mailto:info@cooking-good.co.uk">info@cooking-good.co.uk</a> / <a href="http://www.cooking-good.co.uk">www.cooking-good.co.uk</a> .       |