



The
McCARTHY-DIXON
Foundation

OUR SOCIAL CLUBS

A CHARITY FOR THE WHOLE COMMUNITY



The King's Award
for Voluntary Service
The MBE for volunteer groups

MONDAY CLUB

Our Monday Club runs every Monday from 12-4pm from The Swan and Helmet Northampton. We offer all members unlimited hot drinks and a buffet-style lunch, as well as weekly live music, a raffle and bingo - all for just £5! We also run a variety of fun activities throughout the year such as crafts and days out!



Cheers for Tuesdays is our Men's Club - it's free and open to all men of

CHEERS FOR TUESDAYS

Northamptonshire. We have all sorts of amazing games on offer, like pool, darts, cards and indoor golf. We have regular guest speakers and entertainment, as well as hot drinks and snacks on offer! It's run every Tuesday from 2-4pm.

STAY WELL WEDNESDAYS

Stay-Well Wednesdays is our wellbeing club with a focus on keeping happy and healthy! Every Wednesday from 10am-1pm, we provide a hot lunch, run a keep-fit class, affordable haircuts, pedicures and toenail care. We also host other great activities such as discussions, to ensure everyone feels their best. Entry is £5 and hair & nail care services are an additional £6.



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SUPPORTING THOSE IN NEED ACROSS NORTHAMPTONSHIRE



Our Food Hub

Supporting over 90 local schools and other organisations with regular food parcels



School Support

Providing school children with Breakfast Boxes, school shoes and the Tech4Kids scheme



Home and Garden Renovations

Supporting people suffering from ill-health or bereavement



Community Support

Providing specialised support to our local community, helping those in need



Social Clubs

Providing weekly social gatherings, reducing social isolation and supporting wellbeing